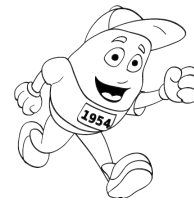




# CAMP KINNERET

## Special Week 6 News



Information about **The Great Kinneret Sleepout Part II** is later on in this packet!

### **CAMP KINNERET OLYMPICS 2018!!!**

Next week (July 30<sup>th</sup> – August 3<sup>rd</sup>) is our incredible 34<sup>th</sup> annual "Camp Kinneret Olympics Week". The week is filled with relay races, swim relays, song and banner contests, and lots of other fun, friendly competition. Our camp groups are divided into team colors to match the colors of the Olympic rings. Campers often like to add to their team spirit by wearing their team colors if possible. See below for each team by color:

**Red Team:** Lauren, Brian, Sophie & Regina, Khaneya, Sarah S & Paige M, and some CITs\*

**Black Team:** Sana, Hannah, Paige H & Andy, Taylor C, Nick & Maya W, and some CITs\*

**Blue Team:** Madena & Amanda, Sam, Ashkan, Emily & Maya M, Laura, and some CITs\*

**Yellow Team:** Maya C & Abby, Nathaniel, Anam, Zach & Joel, Kristin & Zoe and some CITs\*

**Green Team:** Gaby, Sarah S & Sarah C, James & Aron, Brooklyn, Greg, Jenna, and some CITs\*

\*Jon will let each CIT know what team they are on!

All of the Olympic competition takes place at camp except for a few events that will happen **at the beach** for our Navajo and CIT campers (4<sup>th</sup> – 9<sup>th</sup> graders) on Wednesday. Speaking of the beach...

### **NAVAJO / CIT BEACH TRIP**

The Navajo counselors are Greg, Sarah S & Paige M, Nick & Maya W, Kristin & Zoe, Laura, and Jenna, and our CIT counselor is Jon. If your camper is in one of these groups and comes to camp on Wednesday, Aug 1<sup>st</sup> (*and/or Tuesday, August 7<sup>th</sup>*), send them ready for a full day of beach fun. They should: wear a bathing suit to camp, bring a lunch that will not spoil, bring sunscreen, a towel, an extra T-shirt and a sweatshirt in case it is cool, and they may wear sandals. ***\*\*\*Please leave radios, beach chairs, boogie boards, PSPs, iPods, phones, spending money and other beach paraphernalia at home, as we have a great time without them. CITs will have some exceptions, Jon will let the group know what is ok to bring!***

### **IMPORTANT BUS STOP REMINDERS**

**AM:** Please remember that **we count on you to supervise your campers until they get on the bus.** Our staff are at the stops to take roll and answer questions, but parents are required to stay with their campers at the bus stop until the bus departs. Please help ensure your camper's safety by having them sit 10 feet back from where the bus pulls up. *Please note that neither parents nor non-enrolled siblings are permitted to get on the bus at any time. Please leave any pets, no matter how friendly, in the car when dropping off your camper(s) in the morning; you never know who may be allergic or scared!*

**PM: UNLOADING BUSES IN THE AFTERNOON** - We have trained our staff to follow specific procedures for dismissing campers from the bus. These procedures are designed to ensure your camper's safety and take just a few minutes. Please be patient and allow the staff to follow them each day to ensure that every camper is safely released to an adult. **We ask that they check ID's until they know your name and camper with a quick glance.**

**Bathrooms:** Please be sure that your camper uses the restroom at home before meeting the bus each morning. "Accidents" can be avoided by ensuring that campers make this extra stop before heading out the door. At the end of every camp day we do the same thing before boarding buses to help avoid the "I gotta go" half way home. Planning ahead allows campers to make it through the ride to and from camp without the embarrassment of needing a restroom. Thanks for your help!

# THE GREAT KINNERET SLEEPOUT!!! (Part II)

**Friday Night, August 10<sup>th</sup> to Saturday Morning, August 11<sup>th</sup>**

Traditionally, the Great Kinneret Sleepout is the BIG EVENT of the summer for members of our Camp Kinneret family. Campers enjoy an exciting night sleeping at camp under the stars, creating and performing skits, and sharing a traditional campfire gathering full of songs and stories. As always, our caring staff creates a family atmosphere that allows children to feel safe, secure, and happy. Campers of all ages are invited to participate in this special overnight opportunity!

For some campers this will be their very first time away from home or their first time sleeping outdoors, while others may have more experience with sleeping out. The Great Kinneret Sleepout has been a super successful night for lots of children over the years! You may have some questions about the Sleepout such as: What will it be like? What should my camper bring? What's for dinner? We're glad that you asked! This special Sleepout packet was designed to help answer some of the more commonly asked questions about the Sleepout. If you have any further questions please don't hesitate to call us!

1. Registration: To register your camper for the Sleepout, please visit our website: [www.campkinneret.com/sleepout](http://www.campkinneret.com/sleepout), scroll to the bottom of the page, and follow the instructions there. The fee to attend the Sleepout is \$99.
2. Meals: Traditional Camp Kinneret dinner of chicken, pasta, salad, carrots, olives, and rolls; a hearty Kinneret breakfast featuring hot scrambled eggs, cereal, bagels, watermelon & cantaloupe; along with afternoon and evening snacks! *(If your child has special allergy or dietary needs, please contact us for more detailed information.)*
3. CHILDREN NOT ATTENDING THE SLEEPOUT WILL BE RETURNED TO THEIR REGULAR AFTERNOON BUS STOPS ON THE REGULAR AFTERNOON SCHEDULE ON SLEEPOUT FRIDAY.
4. Gear: Please have all of your camper's Sleepout gear packed and ready for delivery to camp before Sleepout day. You'll find a detailed packing list on the following page. Bus Captains will let you know if you should bring your bags earlier than Friday. On some buses we may ask you to send it as early as Tuesday of Sleepout week. If you are bringing your camper to camp on Friday afternoon, please bring the gear at that time.
5. **IMPORTANT FACTS:**
  - a) Children attending the Sleepout who do not regularly attend on Fridays, should be brought to camp between 3 P.M. and 3:45 P.M. on Friday. They should bring their Sleepout gear with them at that time.
  - b) **Please be sure to write down your camper's Saturday morning drop off location and time.**
  - c) **Campers must be registered online and reservations must be received not later than Fri., Aug. 3<sup>rd</sup>.**
  - d) Parents who will be picking up their children at camp following the Sleepout should arrive **between 10:00 & 10:15 A.M. Saturday.**
  - e) There is very limited availability for makeup days not already scheduled for Friday, Aug. 10<sup>th</sup>.

## **SAMPLE SCHEDULE**

*(Actual schedules will be different for each group; this gives you some idea of the basic structure.)*

### **Friday Afternoon**

3:30 - 3:55	Afternoon snack
3:55 - 4:35	Set up your group's sleeping area
4:35 - 5:15	Grass games
5:15 - 6:00	Afternoon swim (Except for groups of campers entering pre-K, TK, and kindergarten)
6:00 - 6:40	Eat dinner (chicken, pasta, corn, carrot sticks, olives, salad, and rolls...yummy!)
6:40 - 7:15	Practice group skit for the evening show
7:15 - 8:45	Skit performances
8:45 - 9:10	Dessert (some younger children will go to sleep at this point)
9:10 - 9:45	Campfire
10:00ish	Night Night!

### **Saturday Morning**

6:15 - 6:40	Wake up and pack up (with help from your counselors)
6:40 - 7:30	Breakfast (Scrambled eggs, bagels and cream cheese, Honey Nut Cheerios, orange juice, watermelon & cantaloupe)
7:30 - 8:45	Finish packing and play quiet games
8:45 - 9:30	Saturday morning Friendship Hill
9:45	Buses depart
10:00-10:15	Parents who drive their children, pick them up

## **EQUIPMENT NEEDED**

To fully enjoy all that the Sleepout has to offer, it is important that campers bring the right gear. The following is a list of supplies to send along with your camper(s). **Clearly label all of the articles that your child(ren) bring to camp so that we can help campers bring their own things home.**

Please pack all of the following in a large, heavy duty garbage bag (or duffel bag), clearly marked with your child's name and his/her counselor's name. If your child rides on a camp bus, your bus counselor will instruct you which day to bring your equipment; if you drive your child to camp, bring their Sleepout bag on Thursday or Friday of Sleepout week. **We strongly suggest leaving favorite stuffed animals and/or blankets at home – we would be very sad if they were to be lost or left behind (sending a 4<sup>th</sup> or 5<sup>th</sup> favorite is best).**

1. SLEEPING BAG All of our campers and staff sleep outside on the grass. Even during warm summer days, the nights here at camp can be quite cool. It is important to send an outdoor type sleeping bag that will provide warmth for your child.
2. JACKET A very warm sweatshirt may also do the trick; it can get chilly and it's nice to have warm clothes to wear and even to sleep in. (We sleep in our clothes too.)
3. FLASHLIGHT (Be sure to write your name on it – put a piece of masking tape on first!)
4. TOILETRIES Toothbrush, toothpaste, and any other necessary articles.
5. A SMILE The Great Kinneret Sleepout is FUN!!!
6. LONG PANTS All campers put on their long pants in the late afternoon before it gets dark.
7. EXTRA TOWEL & BATHING SUIT - All campers entering 1<sup>st</sup> grade and above swim again in the late afternoon.

Please note the following:

**If your camper attends camp on Fridays:** Please put the long pants, an extra towel and an extra bathing suit in their regular Friday backpack.

**If you will be bringing your camper to camp Friday afternoon:** Please pack these in a separate bag from your Sleepout items for easy access. (A plastic grocery bag clearly labeled will work.)

**Tip:** Mark the bus stop you've chosen here to keep for your records!

<b>Check One</b> ✓	<b>Stop #</b>	<b>Saturday AM Pickup Options</b>	<b>Stop Description</b> <i>Details at:</i> <b><i><a href="http://www.campkinneret.com/sleepout">www.campkinneret.com/sleepout</a></i></b>	<b>Time</b>	<b>Suggested for campers usually at the following stops</b>
	0	At Camp	29646 Agoura Rd. – just west of Kanan Rd.	10:00	E5, C3, C4, G3, H3
	1	A2 – Rear of Van Nuys Blvd Gelsons	SW Corner of Milbank & Sylmar	10:30	A1, A2, A3
	2	B2 – Nestle Ave School	Rear corner at Doman Ave. & Tarzana St.	10:22	B1, B2, B3
	3	F5 – The Commons	On Calabasas Rd. in the bus turn out directly across from Babies R Us	9:57	F1, F2, F4, F5, E4
	4	E3 – Bay Laurel School	Front of the School	9:57	E1, E2, E3, E4
	5	G1- Lang Ranch Elementary	Front of the School	10:19	C1, C2, G1
	6	G2 – Red Oak School	Front of the School	9:54	G2, G3, C4
	7	H2 – The Oaks Mall	Parking lot closest to Lynn & Hillcrest	10:19	C3, H0, H1, H2
	8	H3 – Village Homes HOA	Across the street from Evenstar Park	9:54	C3, H3

# **ANSWERS TO THE 7 MOST COMMONLY ASKED QUESTIONS ABOUT THE SLEEPOUT**

## **1. Will my child's regular camp counselor be there?**

YES! Most of our staff are with us at the Sleepout and we wouldn't do it any other way. Our staff are the people who make camp great and they are the people who allow the children who attend the Sleepout to feel safe and comfortable while having fun.

## **2. Where does everybody sleep?**

All of the campers and staff sleep on the field at the top of camp. Campers sleep with their group and their counselors. Members of our Leadership Team are awake all night tucking in children who wiggle out of their sleeping bags, helping children find the restrooms, and generally just being there for any child that may need or want our reassurance or help.

## **3. Should / can we come visit?**

While parents are generally always welcome to visit Camp Kinneret, we request that you do not visit on Sleepout day or night. For a child who is having one of his / her first experiences away from home, it can be difficult for them to separate from you when you say goodbye earlier that day; if you come to visit, it will force them to separate a second time which is even more difficult and sometimes unsuccessful. This is their big night and they are going to be just fine! You have permitted them to attend this special evening and you will hear all of the stories when you see them on Saturday morning. Please rest assured that if there is a child who is tearful or who is not having a Great Kinneret Sleepout we will comfort them and, if necessary, we will call you (regardless of the hour) to let you know that it just isn't working out. You as a parent need to feel comfortable about the Sleepout or you may be the one who suffers from separation anxiety! If you have these types of concerns please call us so that we can discuss them.

## **4. Is my child ready for this?**

Only you and your child can really determine if they are ready for the Sleepout. We make every effort to create a warm family feeling at camp and nowhere does that exist more than on the night of the Sleepout. Your child knows the other campers in their group and knows his / her counselor like a big brother or sister. Over the years the Sleepout has been successful for the children who have attended. If you have questions about whether or not your child is ready, please call us so that together we can help make the decision that's best for your child. Our philosophy is that a child who is feeling reluctant about attending the Sleepout should not attend; there are lots of summers in a child's life and while some children are ready to attend the Sleepout this summer, others will be ready in future summers.

## **5. What will my child be like on Saturday morning?**

Children will come home excited to tell you about their big night away from home! They will have eaten a nice warm, hearty breakfast and will feel proud about the accomplishment of having been at camp all night. A good strategy (depending on your family's weekend schedule) is to leave Saturday unscheduled. Plan on a shower or bath when they arrive home, washing some dirty clothes, and maybe an afternoon nap!

## **6. Why did my child say that she / he woke up all wet on Saturday morning?**

One of the tricks of nature is condensation! When we wake up on Saturday morning there is some dampness that has settled upon us during the night. Some nights are damper than others but even the clearest and warmest nights bring fresh morning dew.

## **7. What if my child does not regularly attend camp on Friday?**

Children who are not regularly scheduled for camp on Fridays CAN attend the Sleepout! Plan to drive your child to camp on Friday afternoon (bring sleeping bag and other supplies with you) and join us between 3:00 - 3:45. Your child's counselor and group will be waiting for him/her at Friendship Hill. Please be prepared to "drop & go" as we need parents to head out quickly to make space for others arriving to drop off their campers.